

LET'S GET ACTIVE!



Move like
an animal



Splash in
Puddles



Go on a scavenger
hunt



Take a walk whatever
the weather!



What can you
make with sticks?



Do a
litter pick



Play ball
games



Get the bike
out for a ride



Fly a
kite



Go for a jog
or a run



Find your way
with map reading



Try yoga
outdoors

How Many Activities Can You
Do In Your Park Or Garden?